



ABOUT THE CLINIC

We can all feel stuck in life at some point and it appears that asking for help is often seen as a sign of weakness. Nonetheless it is pleasant to engage in conversation, without condemnation, when you no longer overlook your situation.

At SANE Psychologen we believe that every person has a right of a good introduction. Eventually our main goal is to accompany you to the solutions and positive results you are looking for.

Sane Psychology Clinic offers primary care consisting of examination, (short-term) psychological help, consultation and training.

We cooperate with several psychiatrists, psychotherapists, mental health psychologists, GP's, physiotherapists, home care organisations and mental health care institutions in the Rotterdam region and surroundings.

The care you can expect from us is professional, reliable, approachable and we stand for an easy and fast accessibility.

HEALTHCARE FULLY REIMBURSED!

SANE Psychologen has contracts with all health insurance companies in the Netherlands and with the municipality of Rotterdam. Psychological help in Basic Mental Healthcare is fully reimbursed from the basic insurance.

Please take the amount of your deductible into account. Basic Mental Healthcare distinguishes four care products: a short, middle, intensive and chronic treatment trajectory. Depending on the severity of the demand for care one of these trajectories will be chosen.



After closure of the care process, the provided care trajectory will be directly submitted by us for reimbursement at the contracted health insurance company where you were insured at the start of treatment.



OUR METHODS

At SANE Psychologen we believe in the value of every individual because everyone is unique. We offer short-term psychological treatment, examination and training for adults and elderly in the Rijnmond region.



OUR LOCATIONS

SANE Psychologen is available at the following locations:

Rotterdam Centrum
Henegouwerlaan 120 A
3014 CG, Rotterdam

Rotterdam Zuid Stadionweg
Stadionweg 57-B
3077 AS, Rotterdam

Please check our website for our other locations.

ARE YOU INTERESTED IN GETTING IN TOUCH?

SANE Psychologen is a collaboration between expert and especially passionate psychologists with a heart for people's well-being. Serving you, that is where our focus lies!

Visit our website www.sanepsychologen.nl or contact us using the following contact details:

010 - 31 30 550

info@sanepsychologen.nl